

# Curriculum Vitae

## Personal Information

**Name:** Aida

**Surname:** Malek Mahdavi

**Gender:** Female

**Place of Birth:** Tabriz, East-Azerbaijan Province, Iran

**Nationality:** Iranian

**E-mail Address:** aidamalek@gmail.com



## Academic Rank

Position	Institution	Year
Associate Professor	Connective Tissue Diseases Research Center, Tabriz University of Medical Sciences, Tabriz, Iran	Since 2024
Assistant Professor	Connective Tissue Diseases Research Center, Tabriz University of Medical Sciences, Tabriz, Iran	2016 - 2024

## Education Background

Major	Degree	Institution	Year
Nutrition Sciences	Ph.D.	Tabriz University of Medical Sciences, Tabriz, Iran	2011-2015
Nutrition Sciences	M.Sc.	Tabriz University of Medical Sciences, Tabriz, Iran	2006-2009
Nutrition Sciences	B.Sc.	Tabriz University of Medical Sciences, Tabriz, Iran	2002-2006

## Teaching Background

Course	Level	Type	Institution
1. Research methodology	Postgraduate	Theory/Practical	Tabriz University of Medical Sciences, Tabriz, Iran
2. Academic writing	Postgraduate	Theory	
3. Nutrition in patients with inflammatory diseases	Postgraduate	Theory	Tabriz University of Medical Sciences, Tabriz, Iran
4. Nutrition and rheumatic autoimmune diseases	Postgraduate	Theory	
5. Food & Drug interactions	Postgraduate	Theory	Tabriz University of Medical Sciences, Tabriz, Iran

## Executive Positions

Title	Institution	Year
Scientific Deputy	Connective Tissue Diseases Research Center, Tabriz University of Medical Sciences, Tabriz, Iran	Since 2022

## Honors and Awards

Title		Awarding body	Year
1.	30% top-rank active researchers of the university	Research Vice-Chancellor, Tabriz University of Medical Sciences, Tabriz, Iran	2020-2024
2.	20% top-rank active researchers of the university	Research Vice-Chancellor, Tabriz University of Medical Sciences, Tabriz, Iran	2019
3.	Top Nutritionist at the “Registered Dietitian Nutritionist Day”	Iranian Nutrition Society, East-Azerbaijan Branch, Iran	2019

## Publications

Publication	
1.	Zahra Tofighi, Maryam Rafraf, <b>Aida Malek Mahdavi</b> , Tohid Jafari-Koshki, Elham Elhami. Relationship between Dietary Diversity Score and Dietary Total Antioxidant Capacity with some Cardio-Metabolic Risk Factors and Pro-Oxidant-Antioxidant Balance in Overweight and Obese Postmenopausal Women. <i>Current Nutrition &amp; Food Science</i> . 2024 [In Press].
2.	Farhad Soltani, Amirreza Khalaji, Rojin Farzaneh, <b>Aida Malek Mahdavi</b> , Alireza Khabbazi. Performance of existing diagnostic criteria for palindromic rheumatism. <i>Clinical Rheumatology</i> . 2024; 43(7):2337-2342.
3.	Vahideh Ebrahimzadeh Attari, Mahdieh Nourmohammadi, Mohammad Asghari-Jafarabadi, Sepideh Mahluji, <b>Aida Malek Mahdavi</b> , Parya Esmaeili. Prediction the changes of anthropometric indices following a weight-loss diet in overweight and obese women by mathematical models. <i>Scientific Reports</i> . 2024; 14(1):14491.
4.	Maryam Saberivand, <b>Aida Malek Mahdavi</b> , Sousan Kolahi, Peyman Rezaei Hachesu, Rojin Farzaneh, Arezou Ghassembaglou, Mehdi Jafarpour, Dara Rahmanpour, Raha Khabbazi, Alireza Khabbazi. Development and organization of Tabriz University of Medical Sciences Vasculitis Registry: TUOMS-VR. <i>Rheumatology Research</i> . 2024; 9(2):103-108.
5.	<b>Aida Malek Mahdavi</b> , Zeinab Javadivala. Effects and mechanisms of action of Nigella Sativa on adipokines: a comprehensive systematic review of animal and clinical studies. <i>Nutrition &amp; Food Science</i> . 2024; 5(3): 613-626.
6.	Dara Rahmanpour, <b>Aida Malek Mahdavi</b> , Maryam Mahmoudi, Kamal Esalatmanesh, Aisan Akhgari, Mehrzad Hajjalilo, Arezou Ghassembaglou, Rojin Farzaneh, Saeed Azizi, Alireza Khabbazi. Cigarette smoking and risk of adult-onset Still disease: a propensity score matching analysis. <i>Internal Medicine Journal</i> . 2024; 54(3):467-472.
7.	Atefeh Ansarin, <b>Aida Malek Mahdavi</b> , Zeinab Javadivala, Dariush Shanehbandi, Habib Zarredar, Khalil Ansarin. The cross-talk between leptin and circadian rhythm signaling proteins in physiological processes: a systematic review. <i>Molecular Biology Reports</i> . 2023; 50(12):10427-10443.

8.	Mahsa Mashayekhi, Amirreza Khalaji, <b>Aida Malek Mahdavi</b> , Alireza Khabbazi. Outcomes of undifferentiated peripheral inflammatory arthritis in real-world practice. A longitudinal cohort study. <i>Clinical Rheumatology</i> . 2023; 42(11): 3143–3152.
9.	Sevda Musavian, Rojin Farzaneh, Mehran Rahimi, <b>Aida Malek Mahdavi</b> , Morteza Gojazadeh, Alireza Khabbazi. Validity and reliability of the BODI for assessing damage in Behçet's disease. <i>Irish Journal of Medical Science (1971-)</i> . 2023; 192(5):2549–2553.
10.	Zeinab Faghfoori, Zeinab Javadivala, Yeganeh Khalili, <b>Aida Malek Mahdavi</b> . Effects of Trigonella foenum graecum (Fenugreek) on Rheumatoid Arthritis: A Systematic Review. <i>Immunopharmacology and Immunotoxicology</i> . 2023; 45(5):626-634.
11.	Mohammad Reza Jafari Nakhjavani, Amir Ghorbanihaghjo, <b>Aida Malek Mahdavi</b> , Negin Nemati, Nadereh Rashtchizadeh, Sima Abedi Azar, Alireza Khabbazi. Association between serum $\alpha$ -Klotho levels and Behçet's disease. <i>Laboratory Medicine</i> . 2023; 54(5):469-472.
12.	Mehrzad Hajjalilo, Raziieh Jorjani, Mehran Rahimi, Amir Ghorbanihaghjo, <b>Aida Malek Mahdavi</b> , Morteza Ghojazadeh, Alireza Khabbazi. Serum salusin- $\beta$ levels in patients with systemic lupus erythematosus. <i>Clinical Rheumatology</i> . 2023; 42(8):2097-2103.
13.	Alireza Khabbazi, Leyla Gadakchi, Mohammadreza Moslemi, Amirreza Khalaji, Kamal Esalatmanesh, Asma Ziarati Yazdeli, Mehrzad Hajjalilo, <b>Aida Malek Mahdavi</b> . Prevalence and predictors of long-term remission in rheumatoid arthritis in real-world practice. A longitudinal study. <i>Clinical Rheumatology</i> . 2023; 42(6):1537-1544.
14.	<b>Aida Malek Mahdavi</b> , Zeinab Javadivala, Yeganeh Khalili, Majid Khalili. Effects of Quinoa (Chenopodium quinoa) on inflammatory mediators: a systematic review of preclinical studies. <i>Inflammopharmacology</i> . 2023; 31(1):241-251.
15.	Masoud Ahangari Maleki, <b>Aida Malek Mahdavi</b> , Mohammad Sadegh Soltani-Zangbar, Mehdi Yousefi, Alireza Khabbazi. Randomized double-blinded controlled trial on the effect of synbiotic supplementation on IL-17/IL-23 pathway and disease activity in patients with axial spondyloarthritis. <i>Immunopharmacology and Immunotoxicology</i> . 2023; 45(1): 43–51.
16.	<b>Aida Malek Mahdavi</b> , Alireza Khabbazi. Serum levels of vitamin D in patients with palindromic rheumatism and its relationship with clinical characteristics. <i>Alborz University of Medical Sciences Journal</i> . 2023; 12(1): 15-22. [In Persian].
17.	Vahideh Ebrahimzadeh Attari, Arezou Madah, Mohammad Reza Ardalan, Sima Abedi Azar, Jalal Etemadi, <b>Aida Malek Mahdavi</b> . Investigating the Relationship of Anthropometric Indices with Kidney Function and Serum Levels of Fibroblast Growth Factor-23 and Matrix Gamma Carboxyglutamate Protein in Kidney Transplant Patients. <i>Armaghane-danesh</i> . 2022; 27(5): 564-577. [In Persian].
18.	Alireza Khabbazi, Masoud Ahangari Maleki, Mohammad Sadegh Soltani-Zangbar, Mehdi Yousefi, <b>Aida Malek Mahdavi</b> . Effects of synbiotic supplementation on regulatory T cells' response in patients with axial spondyloarthritis: A randomized double-masked placebo-controlled trial. <i>Food &amp; Function</i> . 2022; 13:12733-12741.
19.	Kamal Esalatmanesh, Roozbeh Esalatmanesh, Zahra Soleimani, Dariush Mahmoodian Darvishani, Alireza Khabbazi, <b>Aida Malek Mahdavi</b> . Assessment of quality of life in patients with lower limb osteoarthritis. <i>Journal of Research in Clinical Medicine</i> . 2022; 10:21.
20.	Alireza Khabbazi, Hadiseh Kavandi, Roghayeh Paribanaem, Raha Khabbazi, <b>Aida Malek Mahdavi</b> . Adherence to medication in patients with rheumatic diseases during COVID-19 pandemic. <i>Annals of the Rheumatic Diseases</i> . 2022; 81(10):e200-e200.
21.	Khalil Ansarin, Ali Taghizadieh, Saeid Safiri, <b>Aida Malek Mahdavi</b> , Shirin Ranjbar, Soheil Teymouri, Masoud Ahangari Maleki, Alireza Khabbazi. COVID-19 outcomes in patients with systemic autoimmune diseases treated with immunomodulatory drugs. <i>Annals of the Rheumatic Diseases</i> . 2022; 81(10):e190-e190.

22.	<b>Aida Malek Mahdavi</b> , Zeinab Javadivala. Systematic review of preclinical studies about effects of <i>Coriandrum sativum</i> L. on inflammatory mediators. <i>Inflammopharmacology</i> . 2022; 30(4):1131-1141.
23.	Leila Alizadeh, Maral Bahrami, Kouros Masnadi Shirazi, Morteza Ghojzadeh, <b>Aida Malek Mahdavi</b> , Alireza Khabbazi. Clinical course and outcome of COVID-19 in patients with autoimmune inflammatory diseases under treatment with TNF inhibitors. <i>Journal of Research in Clinical Medicine</i> . 2022; 10(9): 1-4.
24.	Kamal Esalatmanesh, Alireza Jamali, Roozbeh Esalatmanesh, Zahra Soleimani, Alireza Khabbazi, <b>Aida Malek Mahdavi</b> . Effects of N-acetylcysteine supplementation on disease activity, oxidative stress, inflammatory, and metabolic parameters in rheumatoid arthritis patients: a randomized double-blind placebo-controlled trial. <i>Amino Acids</i> . 2022; 54(6): 433-440.
25.	<b>Aida Malek Mahdavi</b> , Zeinab Javadivala, Elham Ahmadian. Effects of Okra ( <i>Abelmoschus esculentus</i> L.) on inflammatory mediators: A systematic review of preclinical studies. <i>Food &amp; Function</i> . 2022; 13(6): 3159-3169.
26.	Rojin Farzaneh, Alireza Khabbazi, Mohammad Sadegh Soltani-Zangbar, Samaneh Abbasian, <b>Aida Malek Mahdavi</b> , Roza Motavalli, Mehdi Yousefi. Effects of nanocurcumin supplementation on T-helper 17 cells inflammatory response in patients with Behcet's disease: a randomized controlled trial. <i>Immunopharmacology and Immunotoxicology</i> . 2022; 44(2): 206-215.
27.	Maryam Khoubnasabjafari, Abolghasem Jouyban, <b>Aida Malek Mahdavi</b> , Leila Namvar, Kamal Esalatmanesh, Mehrzad Hajjalilo, Saeed Dastgiri, Mohsen Soroush, Saeid Safiri, Alireza Khabbazi. Prevalence of COVID-19 in rheumatoid arthritis (RA) patients already treated with hydroxychloroquine (HCQ) compared with HCQ-naive RA patients: a multicenter cross-sectional study. <i>Postgraduate Medical Journal</i> . 2022; 98: e92-e93.
28.	<b>Aida Malek Mahdavi</b> , Dara Rahmanpour, Mahshid Dehgan, Yasamin Pahlavan, Maryam Mahmoudi, Alireza Khabbazi. Cigarette smoking and risk of palindromic rheumatism: a propensity score matching analysis. <i>International Immunopharmacology</i> . 2022; 102: 108378.
29.	Mohammad Esmaeil Hejazi, <b>Aida Malek Mahdavi</b> , Zahra Navarbar, Mohammad Kazem Tarzamni, Rozhin Moradi, Armin Sadeghi, Hamed Valizadeh, Leila Namvar. Relationship between Chest CT scan Findings with SOFA score, CRP, Comorbidity, and Mortality in ICU Patients with COVID-19. <i>International Journal of Clinical Practice</i> . 2021; 75(12): e14869.
30.	<b>Aida Malek Mahdavi</b> , Zeinab Javadivala. A systematic review of effects of pomegranate ( <i>punica granatum</i> ) on osteoarthritis. <i>Health Promotion Perspectives</i> . 2021; 11(4):411-425.
31.	Samaneh Abbasian, Mohammad Sadegh Soltani-Zangbar, Alireza Khabbazi, Rojin Farzaneh, <b>Aida Malek Mahdavi</b> , Roza Motavalli, Mehrzad Hajjalilo, Mehdi Yousefi. Nanocurcumin supplementation ameliorates Behcet's disease by modulating regulatory T cells: A randomized, double-blind, placebo-controlled trial. <i>International Immunopharmacology</i> . 2021; 101:108237.
32.	Sanaz Ebrahimian, Amin Salami, <b>Aida Malek Mahdavi</b> , Kamal Esalatmanesh, Alireza Khabbazi, Mehrzad Hajjalilo. Can treating rheumatoid arthritis with disease-modifying antirheumatic drugs at the window of opportunity with tight control strategy lead to long-term remission and medications free remission in real word clinical practice? A cohort study. <i>Clinical Rheumatology</i> . 2021; 40(11):4485-4491.
33.	<b>Aida Malek Mahdavi</b> , Mojtaba Varshochi, Mehrzad Hajjalilo, Saeed Dastgiri, Raha Khabbazi, Alireza Khabbazi. Factors associated with COVID-19 and its outcome in patients with rheumatoid arthritis. <i>Clinical Rheumatology</i> . 2021; 40(11):4527-4531.
34.	<b>Aida Malek Mahdavi</b> , Alireza Khabbazi, Mehrzad Hajjalilo. Long-term outcome and predictors of remission in Behcet's disease in daily practice. <i>Modern Rheumatology</i> . 2021; 31(6):1148-1157.
35.	<b>Aida Malek Mahdavi</b> , Afshin Khalili, Samin Alihosseini, Mehran Jaberinezhad, Kamal Esalatmanesh, Mehrzad Hajjalilo, Seyedmostafa Seyedmardani, Alireza Khabbazi. Efficacy of tight control strategy in the treatment of adult

	onset still disease. <i>Clinical Rheumatology</i> . 2021; 40(10):3941-3949.
36.	Kamal Esalatmanesh, Amirhossein Loghman, Roozbeh Esalatmanesh, Zahra Soleimani, Alireza Khabbazi, <b>Aida Malek Mahdavi</b> , Seyed Gholam Abbas Mousavi. Effects of melatonin supplementation on disease activity, oxidative stress, inflammatory, and metabolic parameters in patients with rheumatoid arthritis: a randomized double-blind placebo-controlled trial. <i>Clinical Rheumatology</i> . 2021; 40(9):3591-3597.
37.	<b>Aida Malek Mahdavi</b> , Neda Seyedsadjadi, Zeinab Javadivala. Potential effects of Pomegranate ( <i>Punica granatum</i> ) on Rheumatoid arthritis: A systematic review. <i>International Journal of Clinical Practice</i> . 2021; 75(8):e13999.
38.	Mohammadmahdi Nabatian-Asl, Amir Ghorbanihaghjo, <b>Aida Malek Mahdavi</b> , Alireza Khabbazi, Mehrzad Hajjalilo, Morteza Ghojzadeh. Effects of Melatonin Supplementation on Serum Oxidative Stress Markers and Disease Activity in Systemic Lupus Erythematosus Patients: A Randomized, Double-Blind, Placebo-Controlled Trial. <i>International Journal of Clinical Practice</i> . 2021; 75(7):e14246.
39.	<b>Aida Malek Mahdavi</b> , Nadereh Rashtchizadeh, Mahsanam Khaknejad, Ebrahim Sakhinia, Alireza Khabbazi, Sousan Kolahi. Clinical Significance of Anti-Modified Citrullinated Vimentin Antibodies in Palindromic Rheumatism. <i>Laboratory Medicine</i> . 2021; 52(4):357-363.
40.	<b>Aida Malek Mahdavi</b> , Zeinab Javadivala. A systematic review of preclinical studies on the efficacy of taurine for the treatment of rheumatoid arthritis. <i>Amino Acids</i> . 2021; 53(6):783-800.
41.	Mozhdeh Nikfar, <b>Aida Malek Mahdavi</b> , Alireza Khabbazi, Mehrzad Hajjalilo. Long-term remission in patients with systemic lupus erythematosus. <i>International Journal of Clinical Practice</i> . 2021; 75(4):e13909.
42.	Sanaz Ebrahimian, Nadereh Rashtchizadeh, Amir Ghorbanihaghjo, <b>Aida Malek Mahdavi</b> , Mehrzad Hajjalilo, Alireza Khabbazi. Association between serum levels of survivin and systemic lupus erythematosus. <i>International Journal of Clinical Practice</i> . 2021; 75(3):e13706.
43.	Alireza Khabbazi, Vahideh Ebrahimzadeh Attari, Mohammad Asghari Jafarabadi, <b>Aida Malek Mahdavi</b> . Quality of life in patients with Behçet disease and its relation with clinical symptoms and disease activity. <i>Reumatologia Clinica</i> . 2021; 17(1):1-6.
44.	Alireza Khabbazi, Mohammad Mirza-Aghazadeh-Attari, Mohammad Tagi Goli, Mehrzad Hajjalilo, <b>Aida Malek Mahdavi</b> , Nadereh Rashtchizadeh. Is palindromic rheumatism a pre-rheumatoid arthritis condition? Low incidence of rheumatoid arthritis in palindromic rheumatism patients treated with tight control strategy. <i>Reumatologia Clinica</i> . 2021; 17(1):7-11.
45.	Sousan Kolahi, Nadereh Rashtchizadeh, <b>Aida Malek Mahdavi</b> , Jafar Farhadi, Alireza Khabbazi, Ebrahim Sakhinia, Neda Bahavarnia, Mohammad Jahed Farajzadeh Polsangi, Zohreh Babaloo, Mehrdad. A Estiar. Evaluation of DNA methylation status of Toll-like receptors 2 and 4 promoters in Behçet's disease. <i>Journal of Gene Medicine</i> . 2020; 22(10):1-7.
46.	<b>Aida Malek Mahdavi</b> . A brief review of interplay between Vitamin D and Angiotensin-converting enzyme 2: implications for a potential treatment for COVID-19. <i>Reviews in Medical Virology</i> . 2020; 30(5):1-6.
47.	Amirhossein Peirovy, <b>Aida Malek Mahdavi</b> , Alireza Khabbazi, Mehrzad Hajjalilo, Ebrahim Sakhinia, Nadereh Rashtchizadeh. Clinical Usefulness of Hematologic Indices as Predictive Parameters for Systemic Lupus Erythematosus. <i>Laboratory Medicine</i> . 2020; 51(5):519-528.
48.	<b>Aida Malek Mahdavi</b> , Nadereh Rashtchizadeh, Hadiseh Kavandi, Mehrzad Hajjalilo, Sousan Kolahi, Mohammadreza Nakhjavani, Ali-asghar Ebrahimi, Seyedmostafa Seyedmardani, Mansour Salesi, Mohsen Soroush, Alireza Khabbazi. Clinical characteristics and long-term outcome of Takayasu Arteritis in Iran: A Multicenter Study. <i>Turkish Journal of Medical Sciences</i> . 2020; 50(4):713-723.
49.	Masoud Nouri-Vaskeh, <b>Aida Malek Mahdavi</b> , Hossein Afshan, Leila Alizadeh, Mohammad Zarei. Effect of curcumin supplementation on disease severity in patients with liver cirrhosis: A randomized controlled trial.

	<i>Phytotherapy Research</i> . 2020; 34:1446-1454.
50.	Alireza Khabbazi, Zeinab Javadivala, Neda Seyedsadjadi, <b>Aida Malek Mahdavi</b> . A systematic review of the potential effects of <i>Nigella sativa</i> on rheumatoid arthritis. <i>Planta Medica</i> . 2020; 86(07): 457-469.
51.	Masoud Nouri-Vaskeh, Hossein Afshan, <b>Aida Malek Mahdavi</b> , Leila Alizadeh, Xiude Fan, Mohammad Zarei. Curcumin ameliorates health-related quality of life in patients with liver cirrhosis: A randomized, double-blind placebo-controlled trial. <i>Complementary Therapies in Medicine</i> . 2020; 49:1-7.
52.	Mehrzad Hajjalilo, Amir Ghorbanihaghjo, Saeede Maddahi, Alireza Khabbazi, <b>Aida Malek Mahdavi</b> , Nadereh Rashtchizadeh. Association between serum Toll-like receptor 4 and 8-hydroxy-20-deoxyguanosine levels with disease activity in rheumatoid arthritis patients. <i>The Egyptian Rheumatologist</i> . 2020; 42(2):95-99.
53.	Shahla Danaii, Sadaf Shiri, Sanam Dolati, Majid Ahmadi, Leila Ghahremani-Nasab, Atefeh Amiri, Amin Kamrani, Hossein Samadi Kafil, Forough Chakari-Khiavi, Mohammad Hojjat-Farsangi, <b>Aida Malek Mahdavi</b> , Amir Mehdizadeh, Mehdi Yousefi. The Association between Inflammatory Cytokines and miRNAs with Slow Coronary Flow Phenomenon. <i>Iranian Journal of Allergy Asthma and Immunology</i> . 2020; 19(1):56-64.
54.	Shahzad Amizadeh, Nadereh Rashtchizadeh, Alireza Khabbazi, Amir Ghorbanihaghjo, Ali-Asghar Ebrahimi, Amir-Mansour Vatankhah, <b>Aida Malek Mahdavi</b> , Mohsen Taghizadeh. Effect of <i>Nigella sativa</i> oil extracts on inflammatory and oxidative stress markers in Behcet's disease: A randomized, double-blind, placebo-controlled clinical trial. <i>Avicenna Journal of Phytomedicine</i> . 2020; 10(2):181-189.
55.	Seyed Mostafa Nachvak, Beitollah Alipour, <b>Aida Malek Mahdavi</b> , Mir Amir Aghdashi, Hadi Abdollahzad, Yahya Pasdar, Mehnoosh Samadi, Roghayeh Mostafai. Effects of coenzyme Q10 supplementation on matrix metalloproteinases and DAS-28 in patients with rheumatoid arthritis: a randomized, double-blind, placebo-controlled clinical trial. <i>Clinical Rheumatology</i> . 2019; 38(12):3367-3374.
56.	Mehrzad Hajjalilo, Amir Ghorbanihaghjo, Forough Ghassemi, Alireza Khabbazi, <b>Aida Malek Mahdavi</b> . Effect of low-dose aspirin on platelet aggregation inhibition in patients with rheumatoid arthritis. <i>Journal of Analytical Research in Clinical Medicine</i> . 2019; 7(4):110-117.
57.	Mohammad Reza Jafari Nakhjavani, Mahdi Jafarpour, Amir Ghorbanihaghjo, Sima Abedi Azar, <b>Aida Malek Mahdavi</b> . Relationship between serum soluble receptor for advanced glycation end products (sRAGE) and disease activity in rheumatoid arthritis patients. <i>Modern Rheumatology</i> . 2019; 29(6): 943-948.
58.	Mohammad Reza Jafari Nakhjavani, Amir Ghorbanihaghjo, Elyar Pourghassem, Sima Abedi Azar, Tala pourlak, <b>Aida Malek Mahdavi</b> . Serum pentraxin 3 levels in rheumatoid arthritis patients and its association with disease activity. <i>The Egyptian Rheumatologist</i> . 2019; 41: 251-254.
59.	Alireza Khabbazi, Babak Alinejati, Mehrzad Hajjalilo, Morteza Ghojzadeh, <b>Aida Malek Mahdavi</b> . Cigarette smoking and risk of primary systemic vasculitis: a propensity score matching analysis. <i>Sarcoidosis Vasculitis and Diffuse Lung Disease</i> . 2019; 36 (3): 243-250.
60.	<b>Aida Malek Mahdavi</b> , Alireza Khabbazi, Barmak Yaaghoobian, Morteza Ghojzadeh, Ramin Agamohammadi, Atefeh Kheyrollahiyan, Nadereh Rashtchizadeh. Cigarette smoking and risk of Behcet's disease: A propensity score matching analysis. <i>Modern Rheumatology</i> . 2019; 29(4):633-639.
61.	Sousan Kolahi, Alireza Khabbazi, Nastaran Kazemi, <b>Aida Malek Mahdavi</b> . Does vitamin D deficiency contribute to higher disease activity in patients with spondyloarthritis?. <i>Immunology Letters</i> . 2019; 212:1-5.
62.	Aliasghar Ebrahimi, Babak Soofizadeh, Faegheh Ebrahimi, Seyed Yagoob Moaadab, Mohammadreza Bonyadi Morteza Gojzadeh, <b>Aida Malek Mahdavi</b> . Relationship between <i>Helicobacter pylori</i> cytotoxin-associated gene A protein with clinical outcomes in patients with rheumatoid arthritis. <i>Immunology Letters</i> . 2019; 211:49-52.
63.	Mohammad Reza Jafari Nakhjavani, Amir Ghorbanihaghjo, Ozra Dabagh Asadollahipour, Sima Abedi Azar, Tala Pourlak, <b>Aida Malek Mahdavi</b> . Correlation Between Serum Cartilage Oligomeric Matrix Protein (COMP), 25-

	Hydroxy Vitamin D, and Disease Activity in Patients with Knee Osteoarthritis. <i>Iranian Red Crescent Medical Journal</i> . 2019; 21(5):1-7.
64.	Masoud Nouri-Vaskeh, <b>Aida Malek Mahdavi</b> , Alireza Khabbazi, Golamreza Jadideslam. Lack of association between serum IL-9 levels and Behçet's disease. <i>Immunology Letters</i> . 2019; 211: 23-27.
65.	Mohammad Reza Jafari Nakhjavani, Amir Ghorbanihaghjo, Babak Bagherzadeh Nobari, <b>Aida Malek Mahdavi</b> , Nadereh Rashtchizadeh. Association between serum YKL-40 levels and disease characteristics in patients with rheumatoid arthritis. <i>Caspian Journal of Internal Medicine</i> . 2019; 10(1):92-97.
66.	Mohsen Soroush, Alireza Khabbazi, <b>Aida Malek Mahdavi</b> . Serum osteocalcin levels in postmenopausal osteoporotic women receiving alendronate. <i>Rheumatology Research Journal</i> . 2018; 3(2):83-89.
67.	Sousan Kolahi, Mohammad-Jahed Farajzadeh, Shahriar Alipour, Alireza Abhari, Jafar Farhadi, Neda Bahavarnia, <b>Aida Malek Mahdavi</b> , Alireza Khabbazi, Ebrahim Sakhinia. Determination of mir-155 and mir-146a expression rates and its association with expression level of TNF- $\alpha$ and CTLA4 genes in patients with Behcet's disease. <i>Immunology Letters</i> . 2018; 204:55-59.
68.	Mehrzad Hajjalilo, Peyman Tayari, Amir Ghorbanihaghjo, Alireza Khabbazi, <b>Aida Malek Mahdavi</b> , Nadereh Rashtchizadeh. Relationship between serum vascular cell adhesion molecule-1 and endothelin-1 levels with organ involvement and disease activity in systemic lupus erythematosus patients. <i>LUPUS</i> . 2018; 27(12):1918-1925.
69.	Leyla Gadakchi, Alireza Khabbazi, <b>Aida Malek Mahdavi</b> , Mehrzad Hajjalilo, Morteza Gojazadeh, Mohamad-Reza Nakhjavani, Sima Abedi Azar, Sousan Kolahi, Ali-asghar Ebrahimi, Nadereh Rashtchizadeh, Hamid Noshad. Comparison of efficacy and safety of mycophenolate mofetil and intravenous pulse cyclophosphamide as induction therapy in proliferative lupus nephritis. <i>Iranian Journal of Kidney Disease</i> . 2018; 12(5):288-292.
70.	Mehrzad Hajjalilo, Amir Ghorbanihaghjo, Alireza Khabbazi, Sousan Kolahi, Mohammad Reza Jafari Nakhjavani, Ali Asghar Ebrahimi, Hamid Zareh, <b>Aida Malek Mahdavi</b> . Long-term follow-up of 76 Iranian patients with idiopathic inflammatory myopathies (IIMs). <i>International Journal of Rheumatic diseases</i> . 2018; 21(8):1627-1633.
71.	Vahideh Ebrahimzadeh Attari, <b>Aida Malek Mahdavi</b> , Zeinab Javadivala, Sepideh Mahluji, Sepideh Zununi Vahed, Alireza Ostadrahimi. A systematic review of the anti-obesity and weight lowering effect of ginger ( <i>Zingiber officinale</i> Roscoe) and its mechanisms of action. <i>Phytotherapy Research</i> . 2018; 32(4):577-585.
72.	Marjan Sheikholeslami, Mehrzad Hajjalilo, Seyed Sadreddin Rasi Hashemi, <b>Aida Malek Mahdavi</b> , Morteza Gojazadeh, Alireza Khabbazi. Low dose cyclosporine A in the treatment of resistant proliferative lupus nephritis. <i>Modern Rheumatology</i> . 2018; 28(3):523-529.
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74.	Vahideh Ebrahimzadeh Attari, Mohammad Reza Ardalan, <b>Aida Malek Mahdavi</b> , Abolfazl Gorbani. A review of the health hazards of artificial sweeteners: are they safe?. <i>Progress in Nutrition</i> . 2018; 20(Supplement 2):36-43.
75.	Mehrzad Hajjalilo, Parisa Noorabadi, Sepideh Tahsini Tekantapeh, <b>Aida Malek Mahdavi</b> . Endothelin-1, $\alpha$ -Klotho, 25(OH) Vit D levels and severity of disease in scleroderma patients. <i>Rheumatology International</i> . 2017; 37(10):1651-1657.
76.	Mohammad Reza Ardalan, Hadi Tabibi, Vahideh Ebrahimzadeh Attari, <b>Aida Malek Mahdavi</b> . Nephrotoxic Effect of Aspartame as an Artificial Sweetener A Brief Review. <i>Iranian Journal of Kidney Disease</i> . 2017; 11(5):339-343.
77.	Reza Mahdavi, Sousan Kolahi, Vahideh Ebrahimzadeh Attari, <b>Aida Malek Mahdavi</b> . L-carnitine supplementation ameliorates serum Tumor Necrosis Factor-alpha and matrix metalloproteinases-3 in women with knee osteoarthritis: A Randomized, Double-blind, Placebo-Controlled Trial. <i>Bangladesh Journal of Pharmacology</i> . 2017; 12(1):28-34.

78.	Sousan Kolahi, Alireza Khabbazi, <b>Aida Malek Mahdavi</b> , Amid Ghasemabaglou, Arezoo Ghasemabaglou, Nayyereh Aminisani, Mohammad Hossein Somi, Fariba Heidari. Prevalence of musculoskeletal disorders in Azar cohort population in Northwest of Iran. <i>Rheumatology International</i> . 2017; 37(4):495–502.
79.	Parvin Dehghan, Samira Pourmoradian, <b>Aida Malek Mahdavi</b> , Bahareh Sarmadi, Sajjad Mehralizadeh. Relationship between perceived stress and dietary intakes in type 2 diabetic patients. <i>Current Topics in Nutraceutical Research</i> . 2016; 14(3):199-206.
80.	Mehrzad Hajjalilo, Amir Ghorbanihaghjo, Leyla Valaee, Sousan Kolahi, Naderh Rashtchizadeh, Maryam Bannazadeh Amirkhiz, <b>Aida Malek Mahdavi</b> , Alireza khabbazi. A double-blind randomized comparative study of triamcinolone hexacetonide and dexamethasone intra-articular injection for the treatment of knee joint arthritis in rheumatoid arthritis. <i>Clinical Rheumatology</i> . 2016; 35(12):2887-2891.
81.	<b>Aida Malek Mahdavi</b> , Reza Mahdavi, Sousan Kolahi. Effects of L-Carnitine Supplementation on Serum Inflammatory Factors and Matrix Metalloproteinase Enzymes in Females with Knee Osteoarthritis: A Randomized, Double-blind, Placebo-controlled Pilot Study. <i>Journal of the American College of Nutrition</i> . 2016; 35(7):597–603.
82.	Mahdieh Khadem Haghighian, Beitollah Alipoor, <b>Aida Malek Mahdavi</b> , Bina Eftekhar Sadat, Mohammad Asghari Jafarabadi, Abdolvahab Moghaddam. Effects of Sesame Seed Supplementation on Inflammatory Factors and Oxidative Stress Biomarkers in Patients with Knee Osteoarthritis. <i>Acta Medica Iranica</i> . 2015; 53(4):207-213.
83.	Sousan Kolahi, <b>Aida Malek Mahdavi</b> , Reza Mahdavi, Sima Lak. Effect of l-carnitine supplementation on clinical symptoms in women with osteoarthritis of the knee: A randomized, double-blind, placebo-controlled trial. <i>European Journal of Integrative Medicine</i> . 2015; 7(5):540-546.
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86.	Mahdieh Khadem Haghighian, Beitollah Alipoor, Bina Eftekhar Sadat, <b>Aida Malek Mahdavi</b> , Abdolvahab Moghaddam, Amir-Mansour Vatankhah. Effects of Sesame Seed Supplementation on Lipid Profile and Oxidative Stress Biomarkers in Patients with Knee Osteoarthritis. <i>Health Promotion Perspectives</i> . 2014; 4(1):90-97.
87.	Bina Eftekhar Sadat, Mahdieh Khadem Haghighian, Beitollah Alipoor, <b>Aida Malek Mahdavi</b> , Mohammad Asghari Jafarabadi, Abdolvahab Moghaddam. Effects of sesame seed supplementation on clinical signs and symptoms in patients with knee osteoarthritis. <i>International Journal of Rheumatic diseases</i> . 2013; 16(5):578–582.
88.	Fatemeh Pourteymour Fard Tabrizi, Beitollah Alipoor, Mahzad Mehrzad Sadaghiani, Alireza Ostadrahimi, <b>Aida Malek Mahdavi</b> . Metabolic Syndrome and Its Characteristics among Reproductive-Aged Women with Polycystic Ovary Syndrome: A Cross-sectional Study in Northwest Iran. <i>International Journal of Fertility and Sterility</i> . 2013; 6(4):244-249.
89.	<b>Aida Malek Mahdavi</b> , Paria Abdolahi, Reza Mahdavi. Knowledge, attitude and practice between medical and non-medical sciences students about food labeling. <i>Health Promotion Perspectives</i> . 2012; 2(2):173-179.
90.	<b>Aida Malek Mahdavi</b> , Alireza Ostadrahimi, Abdolrasool Safaiyan. Nutritional status of children hospitalized in Tabriz Paediatric Hospital, Islamic Republic of Iran, 2008. <i>Eastern Mediterranean Health Journal</i> . 2011; 17(1):36-40.
91.	<b>Aida Malek Mahdavi</b> , Alireza Ostadrahimi, Abdolrasool Safaiyan. Clarification regarding appendix table I in Mahdavi et al. (Letter to the Editor). <i>Maternal and Child Nutrition</i> . 2011; 7(2):216.



92.	<b>Aida Malek Mahdavi</b> , Alireza Ostadrahimi, Abdolrasool Safaiyan. Subjective global assessment of nutritional status in children. <i>Maternal and Child Nutrition</i> . 2010; 6(4):374-381.
93.	<b>Aida Malek Mahdavi</b> , Abdolrasool Safaiyan, Alireza Ostadrahimi. Subjective vs objective nutritional assessment study in children: a cross sectional study in the northwest of Iran. <i>Nutrition Research</i> . 2009; 29(4):269-274.
94.	<b>Aida Malek Mahdavi</b> . Metabolic syndrome in children. <i>Today's Physician Weekly</i> 2009; 3(75):8. [In Persian].
95.	<b>Aida Malek Mahdavi</b> . Role of nutrition in non-alcoholic fatty liver disease. <i>Today's Physician Weekly</i> . 2009; 3(96):4. [In Persian].

### Conference Papers

	Paper	Conference	Type of Presentation	Year
1.	Alireza Khabbazi, <b>Aida Malek Mahdavi</b> . Long-term remission in systemic lupus erythematosus.	22 <sup>nd</sup> Asia-Pacific League of Associations for Rheumatology Virtual Congress. Singapore, Singapore	Oral	October 24-29, 2020
2.	Alireza Khabbazi, <b>Aida Malek Mahdavi</b> . Long-term outcome and predictors of remission in Behçet's disease.	22 <sup>nd</sup> Asia-Pacific League of Associations for Rheumatology Virtual Congress. Singapore, Singapore	Poster	October 24-29, 2020
3.	Alireza Khabbazi, <b>Aida Malek Mahdavi</b> , Masoud Nouri-Vaskeh, Sepehr Sadeghifard. The Prevalence of Aphthous Stomatitis and Behçet's Disease in Health Care Providers of Tabriz University of Medical Sciences.	13 <sup>th</sup> Annual Congress of Iranian Rheumatology Association. Tehran, Iran	Poster	October 16-18, 2019
4.	Hadise Kavandi, <b>Aida Malek Mahdavi</b> , Alireza Khabbazi. Cigarette Smoking and Risk of Primary Systemic Vasculitis: A Propensity Score Matching Analysis.	12 <sup>th</sup> Annual Congress of Iranian Rheumatology Association. Tehran, Iran	Poster	November 28-30, 2018
5.	<b>Aida Malek Mahdavi</b> . Correlation between nutrients intake and inflammatory parameters in women with knee osteoarthritis.	15 <sup>th</sup> Iranian Nutrition Congress. Tehran, Iran	Poster	November 19-21, 2018
6.	<b>Aida Malek Mahdavi</b> . Effect of l-carnitine supplementation on appetite sensations in women with knee osteoarthritis: a randomized, double-blind, placebo-controlled trial.	15 <sup>th</sup> Iranian Nutrition Congress. Tehran, Iran	Poster	November 19-21, 2018
7.	Alireza Khabbazi, <b>Aida Malek Mahdavi</b> . Cigarette smoking and risk of Behçet's disease: a case-control study.	Annual European Congress of Rheumatology. Amsterdam, Netherlands	Oral	June 13-16, 2018
8.	Alireza Khabbazi, <b>Aida Malek Mahdavi</b> , Barmak Yaaghoobian. Is smoking a risk factor for Behçet's Disease?.	11 <sup>th</sup> Annual Congress of Iranian Rheumatology Association. Tehran, Iran	Poster	October 25-27, 2017
9.	<b>Aida Malek Mahdavi</b> , Reza Mahdavi, Sousan Kolahi. Correlation between dietary intake of micronutrients and clinical symptoms in women with	1 <sup>st</sup> Iranian Clinical Nutrition Congress. Mashhad, Iran	Poster	September 6-8, 2017

	knee osteoarthritis.			
10.	Marjan Sheikholeslami, Alireza Khabbazi, Mehrzad Hajialilo, Seyed Sadreddin Rasi Hashemi, <b>Aida Malek Mahdavi</b> . Cyclosporine A in the Treatment of Refractory Proliferative Lupus Nephritis.	10 <sup>th</sup> Annual Congress and 2 <sup>nd</sup> International Congress of Iranian Rheumatology Association. Tehran, Iran	Oral	October 19-21, 2016
11.	<b>Aida Malek Mahdavi</b> , Sousan Kolahi, Reza Mahdavi. Effects of l-carnitine supplementation on serum collagenases in females with knee osteoarthritis: a randomized, double-blind, placebo-controlled trial.	14 <sup>th</sup> Iranian Nutrition Congress. Tehran, Iran	Poster	September 4-7, 2016
12.	<b>Aida Malek Mahdavi</b> , Sousan Kolahi, Reza Mahdavi. Effect of l-carnitine supplementation on clinical status in obese women with knee osteoarthritis: a randomized, double-blind, placebo-controlled trial.	14 <sup>th</sup> Iranian Nutrition Congress. Tehran, Iran	Oral	September 4-7, 2016
13.	Jamal Gaemmagami, Farzaneh Afsharnia, <b>Aida Malek Mahdavi</b> , Reza Mahdavi, Elham Heidari, Nafiseh Mohammadrahimiha, Monireh Mirzaei. Body mass index status in elderly population living in villages around Tabriz city.	National Conference on Elderly Health. Kermanshah, Iran	Poster	February 19-21, 2013
14.	Farzaneh Afsharnia, Jamal Gaemmagami, <b>Aida Malek Mahdavi</b> , Reza Mahdavi, Elham Heidari, Nafiseh Mohammadrahimiha, Monireh Mirzaei. Dental health status in elderly population living in villages around Tabriz city.	National Conference on Elderly Health. Kermanshah, Iran	Poster	February 19-21, 2013
15.	Akbar Taghizade, Nazila farrin, Alireza Ostadrahimi, Majid Mobasseri, Zahra bayramalipour, Laleh Payahoo, <b>Aida Malek Mahdavi</b> . Effect of probiotic dough (kefir) on total cholesterol and LDL-cholesterol in patients with type 2 diabetes mellitus.	12 <sup>th</sup> Iranian Nutrition Congress. Isfahan, Iran	Poster	November 5-8, 2012
16.	Mahdieh Khadem Haghighian, Beitollah Alipoor, Bina Eftekhari Sadat, <b>Aida Malek Mahdavi</b> , Mohammad Asghari Jafarabadi, Abdolvahab Moghaddam. Effects of sesame seed supplementation on weight reduction in patients with knee osteoarthritis.	12 <sup>th</sup> Iranian Nutrition Congress. Isfahan, Iran	Poster	November 5-8, 2012
17.	Jamal Gaemmagami, Farzaneh Afsharnia, <b>Aida Malek Mahdavi</b> , Reza Mahdavi, Hojjat Naseri. Prevalence of malnutrition in children under 18 months in Tasooj and associated health care centers.	12 <sup>th</sup> Iranian Nutrition Congress. Isfahan, Iran	Poster	November 5-8, 2012
18.	Ozra Merrikhi, Jamal Gaemmagami, <b>Aida Malek Mahdavi</b> , Farzaneh Afsharnia, Reza Mahdavi. Prevalence of obesity in children under 18 months in Shabestar health care network.	12 <sup>th</sup> Iranian Nutrition Congress. Isfahan, Iran	Poster	November 5-8, 2012
19.	<b>Aida Malek Mahdavi</b> , Paria Abdollahi, Reza	12 <sup>th</sup> Iranian Nutrition	Poster	November

	Mahdavi. Using food label information on daily shopping by female students from different academic majors.	Congress. Isfahan, Iran		5-8, 2012
20.	<b>Aida Malek Mahdavi</b> , Alireza Ostadrahimi, Reza Mahdavi, Abdolrasool Safaiyan. Serum albumin and transferrin and some related factors in 2-12 year-old children hospitalized in Tabriz Pediatric Hospital.	12 <sup>th</sup> Iranian Nutrition Congress. Isfahan, Iran	Poster	November 5-8, 2012
21.	<b>Aida Malek Mahdavi</b> , Abdolrasool Safaiyan, Alireza Ostadrahimi, Reza Mahdavi. Prevalence of underweight, stunting and wasting and related demographic factors in 2-12 year-old children hospitalized in Tabriz Pediatric Hospital.	12 <sup>th</sup> Iranian Nutrition Congress. Isfahan, Iran	Poster	November 5-8, 2012
22.	<b>Aida Malek Mahdavi</b> , Paria Abdollahi, Reza Mahdavi. Implementing of Nutrition Facts label information in female students' dietary pattern.	12 <sup>th</sup> Iranian Nutrition Congress. Isfahan, Iran	Poster	November 5-8, 2012
23.	<b>Aida Malek Mahdavi</b> , Fatemeh Zarei, Reza Mahdavi, Jamal Gaemmagami. The effects of different food groups on low back pain: Beliefs of adults.	12 <sup>th</sup> Iranian Nutrition Congress. Isfahan, Iran	Poster	November 5-8, 2012
24.	Alireza Ostadrahimi, <b>Aida Malek Mahdavi</b> , Abdolrasool Safaiyan, Reza Mahdavi. Relationship between nutritional status based on subjective global assessment and duration of hospitalization in 2-12 year-old children referred to the Tabriz Pediatric Hospital.	12 <sup>th</sup> Iranian Nutrition Congress. Isfahan, Iran	Poster	November 5-8, 2012
25.	<b>Aida Malek Mahdavi</b> . Vitamin D and breast cancer: a review article.	1 <sup>st</sup> Scientific Students' Seminar of Nutrition and Cancer. Tabriz, Iran	Oral	March 6, 2012
26.	Nazila farrin, Akbar Taghizade, Alireza Ostadrahimi, Majid Mobasseri, <b>Aida Malek Mahdavi</b> . Effect of probiotic dough (kefir) on Hb A1C level in people with type 2 diabetes mellitus.	9 <sup>th</sup> International Congress of Endocrine Disorders. Tehran, Iran	Poster	November 15-18, 2011
27.	<b>Aida Malek Mahdavi</b> . Importance of physical activity in prevention and treatment of childhood obesity.	3 <sup>rd</sup> Iranian Congress of Obesity Prevention and Treatment. Tehran, Iran	Poster	November 16-18, 2011
28.	<b>Aida Malek Mahdavi</b> , Reza Mahdavi. Weight-loss plateau: a challenge for nutritionists.	3 <sup>rd</sup> Iranian Congress of Obesity Prevention and Treatment. Tehran, Iran	Poster	November 16-18, 2011
29.	<b>Aida Malek Mahdavi</b> , Zeinab Faghfoori. Risk factors for abdominal obesity in low-income women in Tabriz, Iran.	10 <sup>th</sup> Iranian Nutrition Congress. Tehran, Iran	Poster	October 27-30, 2008
30.	<b>Aida Malek Mahdavi</b> , Zeinab Faghfoori, Parvin Poorabdollahi. Relationship between nutritional behaviors and obesity in women residing in Shahid Montazeri (Maralan) area of Tabriz city.	10 <sup>th</sup> Iranian Nutrition Congress. Tehran, Iran	Poster	October 27-30, 2008

31.	Zeinab Faghfoori, <b>Aida Malek Mahdavi</b> . Prevalence of obesity in women living in Shahid Montazeri area of Tabriz city and its relationship with breakfast and dietary fiber intake.	10 <sup>th</sup> Iranian Nutrition Congress. Tehran, Iran	Poster	October 27-30, 2008
32.	<b>Aida Malek Mahdavi</b> , Zeinab Faghfoori. Prevalence of obesity based on body mass index and waist circumference in women living in District 3 of Tabriz city.	10 <sup>th</sup> Iranian Nutrition Congress. Tehran, Iran	Poster	October 27-30, 2008
33.	Zeinab Faghfoori, <b>Aida Malek Mahdavi</b> , Parvin Poorabdollahi. Lifestyle of women referred to Tabriz Banovan Clinic.	10 <sup>th</sup> Iranian Nutrition Congress. Tehran, Iran	Poster	October 27-30, 2008
34.	<b>Aida Malek Mahdavi</b> , Zeinab Faghfoori. Physical activity status in women referred to Tabriz Banovan Clinic.	10 <sup>th</sup> Iranian Nutrition Congress. Tehran, Iran	Poster	October 27-30, 2008
35.	<b>Aida Malek Mahdavi</b> , Zeinab Faghfoori, Jamal Gaemmagami. Prevalence of obesity and its associated lifestyle in women in Tabriz.	1 <sup>st</sup> Scientific Students' Conference of Ardebil University of Medical Sciences. Ardebil, Iran	Poster	August 29-31, 2008
36.	Zeinab Faghfoori, <b>Aida Malek Mahdavi</b> , Jamal Gaemmagami. Assessment of anthropometric status in 20-50 year-old women referred to Tabriz Banovan Clinic.	1 <sup>st</sup> Scientific Students' Conference of Ardebil University of Medical Sciences. Ardebil, Iran	Poster	August 29-31, 2008
37.	<b>Aida Malek Mahdavi</b> , Alireza Ostadrahimi. Review on effective nutritional factors on resistin.	1 <sup>st</sup> Iranian Metabolic Syndrome Congress. Tabriz, Iran	Poster	June 12-13, 2008
38.	<b>Aida Malek Mahdavi</b> , Alireza Ostadrahimi. Effects and mechanisms of dietary fiber in prevention and treatment of metabolic syndrome.	1 <sup>st</sup> Iranian Metabolic Syndrome Congress. Tabriz, Iran	Poster	June 12-13, 2008
39.	<b>Aida Malek Mahdavi</b> , Alireza Ostadrahimi. Minerals and metabolic syndrome.	1 <sup>st</sup> Iranian Metabolic Syndrome Congress. Tabriz, Iran	Oral	June 12-13, 2008
40.	<b>Aida Malek Mahdavi</b> , Parvin Poorabdollahi, Jamal Gaemmagami, Zeinab Faghfoori. Relationship between lifestyle-related factors and waist circumference in 20-50 year-old women referred to Tabriz Banovan Clinic.	2 <sup>nd</sup> International Congress on Food and Nutrition. Istanbul, Turkey	Poster	October 24-26, 2007
41.	<b>Aida Malek Mahdavi</b> , Parvin Poorabdollahi, Jamal Gaemmagami, Zeinab Faghfoori. Relationship between demographic factors and incidence of obesity in 20-50 year-old women, Tabriz.	2 <sup>nd</sup> International Congress on Food and Nutrition. Istanbul, Turkey	Poster	October 24-26, 2007
42.	Parvin Poorabdollahi, Jamal Gaemmagami, <b>Aida Malek Mahdavi</b> , Zeinab Faghfoori, Zahra Rahimi-asl. Relationship between lifestyle factors and waist circumference of women 20-50 years old referred to Tabriz Women Clinic.	9 <sup>th</sup> Iranian Nutrition Congress. Tabriz, Iran	Poster	September 4-7, 2006

## **Theses supervised or consulted**

### **a. Supervisor**

<b>Title of thesis</b>		<b>Degree</b>	<b>Institution</b>
1.	Effect of synbiotic supplementation on disease activity, Th17 cells frequency, IL-23/IL-17 axis expression and serum levels of IL-17 and IL-23 in patients with ankylosing spondylitis	Postgraduate	Tabriz University of Medical Sciences, Tabriz, Iran
2.	Predictors of long term outcome of undifferentiated inflammatory arthritis	Postgraduate	Tabriz University of Medical Sciences, Tabriz, Iran
3.	Evaluation of the relationship between dietary diversity score and dietary antioxidant index with anthropometric indices, some metabolic parameters and peroxidant-antioxidant-balance in overweight and obese postmenopausal women	Postgraduate	Tabriz University of Medical Sciences, Tabriz, Iran
4.	Validation of the MMAS-8 Questionnaire in Assessing Adherence to Treatment in Patients with Rheumatoid Arthritis Treated with Methotrexate	Postgraduate	Tabriz University of Medical Sciences, Tabriz, Iran
5.	Effect of cigarette smoking on Behcet's disease prognosis in a prospective cohort study	Postgraduate	Tabriz University of Medical Sciences, Tabriz, Iran
6.	Assessing the accordance between the patient's and the physician's overall assessment of the disease process in Behcet's syndrome	Postgraduate	Tabriz University of Medical Sciences, Tabriz, Iran
7.	Effects of synbiotics on T-helper 17 cells inflammatory response in patients with Behcet's disease: a randomized controlled trial	Postgraduate	Tabriz University of Medical Sciences, Tabriz, Iran
8.	Effects of synbiotics on disease activity and Treg cells frequency and related factors in Behcet's patients: Randomized Clinical Trial	Postgraduate	Tabriz University of Medical Sciences, Tabriz, Iran
9.	Evaluation of serum IL-9 in patients with Behcet's disease	Undergraduate	Tabriz University of Medical Sciences, Tabriz, Iran
10.	Evaluation of factors associated with prognosis and remission in patients with Behcet's disease	Undergraduate	Tabriz University of Medical Sciences, Tabriz, Iran
11.	Evaluation of demographic and clinical characteristics associated with prognosis and remission in patients with ankylosing spondylitis	Undergraduate	Tabriz University of Medical Sciences, Tabriz, Iran
12.	Study of demographic and clinical characteristics and long term follow-up of Adult Onset Still's Disease in patients referred to the rheumatology clinic of Tabriz University of Medical Sciences	Undergraduate	Tabriz University of Medical Sciences, Tabriz, Iran
13.	Effect of curcumin supplementation on disease activity in patients with liver cirrhosis	Undergraduate	Tabriz University of Medical Sciences, Tabriz, Iran
14.	Prevalence of aphthous stomatitis and behçet disease in the staff of Tabriz University of Medical Sciences	Undergraduate	Tabriz University of Medical Sciences, Tabriz, Iran

**b. Advisor**

	<b>Title of thesis</b>	<b>Degree</b>	<b>Institution</b>
1.	Correlation between serum cartilage oligomeric matrix protein and 25-hydroxy vitamin D with disease activity in patients with knee osteoarthritis	Postgraduate	Tabriz University of Medical Sciences, Tabriz, Iran
2.	Effect of low-dose aspirin on platelet aggregation inhibition in patients with rheumatoid arthritis	Postgraduate	Tabriz University of Medical Sciences, Tabriz, Iran
3.	Relationship between serum vascular cell adhesion molecule-1 and endothelin-1 levels with organ involvement and disease activity in systemic lupus erythematosus patients	Postgraduate	Tabriz University of Medical Sciences, Tabriz, Iran
4.	Serum YKL-40 levels and its association with disease activity in patients with rheumatoid arthritis	Postgraduate	Tabriz University of Medical Sciences, Tabriz, Iran
5.	Evaluation of serum pentraxin-3 in rheumatoid arthritis patients	Postgraduate	Tabriz University of Medical Sciences, Tabriz, Iran
6.	Evaluation of serum soluble receptor for advanced glycation end products levels and its relationship disease activity in rheumatoid arthritis patients	Postgraduate	Tabriz University of Medical Sciences, Tabriz, Iran
7.	Comparison of smoking status between primary vasculitis patients and healthy subjects and its relationship with clinical symptoms and disease activity	Postgraduate	Tabriz University of Medical Sciences, Tabriz, Iran
8.	Assessment of mean platelet volume, neutrophil to lymphocyte and platelet to lymphocyte ratios in patients with systemic lupus erythematosus	Postgraduate	Tabriz University of Medical Sciences, Tabriz, Iran
9.	Evaluation of factors associated with remission in patients with systemic lupus erythematosus	Postgraduate	Tabriz University of Medical Sciences, Tabriz, Iran
10.	Evaluation of demographic and clinical characteristics associated with complete remission in patients with rheumatoid arthritis	Postgraduate	Tabriz University of Medical Sciences, Tabriz, Iran
11.	Effects of melatonin supplementation on clinical symptoms, disease activity, and serum oxidative factors in patients with systemic lupus erythematosus	Postgraduate	Tabriz University of Medical Sciences, Tabriz, Iran
12.	Evaluation of anti-MCV Antibody in patients with palindromic rheumatism and its correlation with patients' response to treatment and prognosis	Postgraduate	Tabriz University of Medical Sciences, Tabriz, Iran
13.	Effects of oral nano-curcumin supplementation on disease activity, expression levels of microRNA and Th17 cells development factors and serum IL-17 and IL-23 levels in behçet patients	Postgraduate	Tabriz University of Medical Sciences, Tabriz, Iran
14.	Effects of oral nano-curcumin supplementation on disease activity and Treg cells frequency in behçet patients: A randomized clinical trial	Postgraduate	Tabriz University of Medical Sciences, Tabriz, Iran
15.	Correlation between serum Salusine beta level with clinical presentation and activity of Lupus disease	Postgraduate	Tabriz University of Medical Sciences, Tabriz, Iran
16.	Validation of the Behçet's syndrome Overall Damage Index in patients with Behçet's disease in the Behçet's clinic of Tabriz Imam-Reza Hospital	Postgraduate	Tabriz University of Medical Sciences, Tabriz, Iran

17.	Assessment of the COVID-19 clinical symptoms and prognosis in patients with inflammatory autoimmune diseases treated by biologic agents	Postgraduate	Tabriz University of Medical Sciences, Tabriz, Iran
18.	Comparison of sensitivity and specificity of the four suggested palindromic rheumatism diagnostic criteria	Postgraduate	Tabriz University of Medical Sciences, Tabriz, Iran
19.	Validation of Morisky Medication Adherence Scale questionnaire in the treatment of Behcet's disease with Colchicine	Postgraduate	Tabriz University of Medical Sciences, Tabriz, Iran
20.	Evaluation of demographic and clinical characteristics of sarcoidosis in patients referred to the rheumatology and pulmonary clinics of Tabriz University of Medical Sciences	Undergraduate	Tabriz University of Medical Sciences, Tabriz, Iran

### **Reviewer Skills**

	<b>Journal</b>	<b>Site of publishing</b>	<b>Duty</b>
1.	European Journal of Integrative Medicine	Germany	Reviewer
2.	Nutrition and Metabolic Insights	New Zealand	Reviewer
3.	Molecular Nutrition and Food Research	Germany	Reviewer
4.	Nutrition and Food Science	UK	Reviewer
5.	International Journal for Vitamin and Nutrition Research	Switzerland	Reviewer
6.	Food and Function	UK	Reviewer
7.	Journal of Orthopaedic Surgery and Research	UK	Reviewer
8.	Scientific Reports	UK	Reviewer
9.	Physiological Reports	UK	Reviewer
10.	Obesity Medicine	UK	Reviewer
11.	Health Promotion Perspectives	Iran	Reviewer
12.	Pharmaceutical Sciences	Iran	Reviewer
13.	International Journal of Clinical Practice	UK	Reviewer
14.	Journal of the American College of Nutrition	UK	Reviewer
15.	Journal of Cosmetic Dermatology	UK	Reviewer
16.	Erciyes Medical Journal	Turkey	Reviewer
17.	Koomesh	Iran	Reviewer
18.	Immunological Investigations	USA	Reviewer
19.	LUPUS	USA	Reviewer
20.	International Journal of Rheumatic Diseases	UK	Reviewer
21.	Iranian Journal of Allergy, Asthma and Immunology	Iran	Reviewer
22.	Food Research International	Netherlands	Reviewer
23.	Dermatologic Therapy	UK	Reviewer
24.	Clinical and Experimental Rheumatology	Italy	Reviewer

25.	Iranian Journal of Kidney Diseases	Iran	Reviewer
26.	PLOS ONE	USA	Reviewer
27.	Journal of Tropical Pediatrics	UK	Reviewer
28.	Biomedicine & Pharmacotherapy	France	Reviewer
29.	Complementary Therapies in Clinical practice	Netherlands	Reviewer
30.	Progress in Nutrition	Italy	Reviewer
31.	Depiction of Health	Iran	Reviewer
32.	Genetics in the 3 <sup>rd</sup> Millennium	Iran	Reviewer

## **Workshops**

	<b>Title</b>	<b>Institution</b>
1.	MENDELEY	Tabriz University of Medical Sciences, Tabriz, Iran
2.	Knowledge translation	Tabriz University of Medical Sciences, Tabriz, Iran
3.	Research methodology	Tabriz University of Medical Sciences, Tabriz, Iran
4.	Microsoft Office Suit	Tabriz University of Medical Sciences, Tabriz, Iran
5.	English for academic goals	Tabriz University of Medical Sciences, Tabriz, Iran
6.	Design and Analysis of Survival Studies	Tabriz University of Medical Sciences, Tabriz, Iran
7.	Responsive Medical Education	Tabriz University of Medical Sciences, Tabriz, Iran
8.	Sports nutrition	Iranian Nutrition Society-East Azerbaijan Branch, Tabriz, Iran
9.	Academic Skills Course	Tabriz University of Medical Sciences, Tabriz, Iran
10.	Ethics in research	Tabriz University of Medical Sciences, Tabriz, Iran
11.	Ethics in human subject research	Tabriz University of Medical Sciences, Tabriz, Iran
12.	Ethics in publishing research	Tabriz University of Medical Sciences, Tabriz, Iran
13.	Topical slimming devices	Iranian Nutrition Society-East Azerbaijan Branch, Tabriz, Iran
14.	Clinical information sources and their role in decision making of clinical effectiveness	Tabriz University of Medical Sciences, Tabriz, Iran
15.	Writing proposals for diseases and health consequences registration	Tabriz University of Medical Sciences, Tabriz, Iran
16.	How to upload information on the disease registry and health consequences website	Tabriz University of Medical Sciences, Tabriz, Iran
17.	Meta-analysis	Tabriz University of Medical Sciences, Tabriz, Iran
18.	Prescribing and interpreting laboratory results	Tabriz University of Medical Sciences, Tabriz, Iran
19.	Factor-analysis	Tabriz University of Medical Sciences, Tabriz, Iran
20.	Real-Time PCR: Principals and Applications	Tabriz University of Medical Sciences, Tabriz, Iran
21.	Systematic Review	Tabriz University of Medical Sciences, Tabriz, Iran
22.	Evidence-Based Medicine	Tabriz University of Medical Sciences, Tabriz, Iran



23.	Bioinformatics	Tabriz University of Medical Sciences, Tabriz, Iran
24.	Traditional medicine	Tabriz University of Medical Sciences, Tabriz, Iran
25.	Ethics in Medical Sciences Research	Tabriz University of Medical Sciences, Tabriz, Iran
26.	Electronic database searching	Tabriz University of Medical Sciences, Tabriz, Iran
27.	Excel Software in Food sciences	Tabriz University of Medical Sciences, Tabriz, Iran
28.	Ethics in Medical Sciences Research	Tabriz University of Medical Sciences, Tabriz, Iran
29.	Sharing hands on experiences in e-content development	Tabriz University of Medical Sciences, Tabriz, Iran
30.	Clinical trial	Tabriz University of Medical Sciences, Tabriz, Iran
31.	EndNote	Tabriz University of Medical Sciences, Tabriz, Iran
32.	Research methodology	Tabriz University of Medical Sciences, Tabriz, Iran
33.	Power-point software	Tabriz University of Medical Sciences, Tabriz, Iran

### **Webinars**

	<b>Title</b>	<b>Duration</b>	<b>Institution</b>
1.	The Role of Functional Foods in Managing Diabetes and its Complications	3 hours	Tehran University of Medical Sciences, Tehran, Iran
2.	Functional Foods, Diabetes & Metabolic Disorders	2 hours	Tehran University of Medical Sciences, Tehran, Iran
3.	The Roles of Complementary Therapies in Diabetes Management	2 hours	Tehran University of Medical Sciences, Tehran, Iran

### **Computer Skills**

- Windows
- Internet
- Microsoft Office (Word, Excel, Power-point, etc.)
- Paint
- SPSS
- EndNote
- MENDELEY

### **Language Proficiency**

- Turkish (*Native*)
- Persian (*Native*)
- English (*Fluent*)